## **INSTRUCTIONS FOR COLONOSCOPY BY DR. CHERNER**

### PLEASE READ THIS AT LEAST 1 WEEK BEFORE YOUR COLONOSCOPY

You are scheduled for a COLONOSCOPY at:

# Place: The Georgia Endoscopy Center Suite 200 3330 Preston Ridge Rd. Alpharetta, GA 30005 (770) 821-6800

North Fulton Hospital 3000 Hospital Blvd. Roswell, GA 30076 Check in at "Outpatient Admissions" (770) 751-2618 North Fulton Hospital Medical Office Building Suite 390 2500 Hospital Blvd Roswell, GA 30076 (Opposite main entrance of Hospital) (770) 751-2618

## Date: \_\_\_\_\_ Arrival Time: \_\_\_\_\_ Colonoscopy starts at: \_\_\_\_\_

### **INSTRUCTIONS**

- 1. No ASPIRIN or "NSAIDS" (ibuprofen, Advil, Alleve, etc.) for 7 days before colonoscopy
- No PLAVIX or AGGRENOX for 5 days before colonoscopy unless advised otherwise by Dr. Cherner or the doctor who prescribes these medications.
- 3. No PRADAXA for 24 hours before colonoscopy unless advised otherwise.
- 4. No COUMADIN (WARFARIN) for 4 days before procedure unless advised otherwise by Dr. Cherner, your cardiologist, or the doctor who prescribes your Coumadin.
- 5. No fish oil (omega-3 fatty acids) and no Vitamin E for 7 days before colonoscopy.
- 6. If your prep is <u>Osmoprep</u>, take NO diuretics (water pills) the day before and the day of the procedure unless advised otherwise by Dr. Cherner.
- 7. Except for diabetes medications, you should take your usual daily medications, including blood pressure medications, with a *sip* of water on the morning of your colonoscopy, right before you leave home. DIABETICS should *not* take their usual morning diabetes pills or insulin *until after* the colonoscopy has been completed. Diabetics should check with Dr. Cherner about how to take your diabetes medications while you are preparing for the colonoscopy during the day before the procedure.
- 8. Avoid salads and raw vegetables for 3 days before procedure.
- 9. Drink *only clear liquids that you can see through* the day before your procedure. Follow the instructions for the bowel prep starting the day before your procedure.

#### You will receive intravenous sedation; therefore, <u>YOU MUST MAKE ARRANGEMENTS WITH A</u> <u>FRIEND OR FAMILY MEMBER TO DRIVE YOU HOME AFTER YOUR PROCEDURE IS</u> <u>COMPLETED.</u>

-No Taxis Allowed-

If you have any questions, please give us a call at (770) 410-1600.